



"The Bubble"

A workshop designed to enhance the Relationship.

Parent, Child and Pony!

Are You Involved In Your Childs Riding Journey?

This workshop is designed to:

Offer a toolbox full of great ideas to increase fun and skill development while out with your child to engage both horse and rider

Help your child rewire current fear patterns, and come out the other side stronger and more resilient

See issues arising, before they escalate and know strategies that will lead to positive responses and better results.

Helping your child understand their pony's behavior so they can help them to grow in confidence, self assurance and ability.

Offering techniques to greatly increase your child's memory, making learning dressage tests and workouts a breeze

Learn techniques to lift your child's riding experience to a whole new level.

Optimise the relationship with your child.

Improve communication, trust and rapport between each other.

Grow your ability to handle anything that comes your way



Annyka is a Mother, Life, Mindset, and previously Head Equestrian Coach at New England Girls School (NEGS), who has worked with riders from the young and fearful to International level as Chef de'quip and Coach of the Australian Team at the Penang International Horse Show in 2015.

Riding At A High Level Is 20% Ability, And 80% Mindset!

Rider places fill fast, so get in quick to secure your spot.

DO YOU WANT TO RAISE THE BAR?

This workshop is for you!!!



Cost \$100 per session
Children aged 10 - 16yrs
Sessions last for 2 hours
1.5 hours riding, half an hour collaborating with parents.

Sunday
19th August, 2018

Avondale Pony Club Grounds
St Ives, Sydney

For your **FREE**

phone session with more information on this workshop, and simple strategies that you can start implementing **TODAY,**

follow the link below and complete the contact form.

Check out:

www.chameleoncoaching.com.au for more info

Or email rangatera@gmail.com to book in.

Who dares to
TEACH
must never cease to
LEARN